

A MONTH OF SUNDAYS JULY UPCOMING CELEBRATIONS

SUMMER SERVICE BEGINS AT 10:00 AM

August 1 The Fullness of Lughnasadh

~Ruth and Bill DeSmidt

The ancient festival of Lughnasadh celebrates the early harvest season and all its abundance. Today's service will focus on the gratitude for the bounty of food and the richness of all that surrounds us. Come join in the fullness of this church community and finish with some easy-to-learn dancing. All ages service

August 8 Why Are We Here? ~Jim Craig
This broad question is approached from several angles by
our guest. Jim is here as a the worship coordinator from the
Napa UU Church. He is a former Presbyterian Minister and
served as teacher of religion in a Massachusetts boarding
school.

August 15 *Eight Courageous Women* ~Betsy Dye Enjoy a Reader's Theatre service about women in the 19th century. Susan B. Anthony, Clara Barton, Olympia Brown and more: Some were Unitarian, others Universalist, but all left an indelible mark on the world.

August 22 The Spirituality of Golf ~Rev. Katie Kandarian-Morris

It's been said that all sports provide metaphors—baseball about things American, basketball of jazz, and football of war. For golf, the case can be made that it is a metaphor for life. How might we learn something from golf?

August 29 A Teaching and Learning Congregation ~Rev. Katie Kandarian-Morris & Intern Sharon Wylie This congregation prides itself on being a teaching congregation and yet when we teach, we find we learn at the same time. What can we teach this year? What will we learn? Come, meet our new ministerial intern for the year 2010-2011, Sharon Wylie.



MT. LASSEN AT SUNSET

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REUNIONS



Every parting is a form of death, as every reunion is a type of heaven.

~Tryon Edwards

This year on my vacation I'll be traveling to my home state of

Michigan to visit my ailing father, to share with my husband the place where I grew up and to attend my 35th high school reunion. I'm keenly aware that there are a number other reunions, anniversaries and decade birthday celebrations taking place right near that same time.

These outwardly non-religious events are important for so many reasons. They are rights of passage for all of us, milestones, even when we are merely witnesses to the event. In the case of high school reunions and depending on the particular decade, we are establishing, or reestablishing identity. We renew long ago friendships, remind ourselves who we were, and take stock of who we've become. I've been helping a classmate of mine who has done the majority of the arrangements. She has found is that even though a number of people are excited to return to their hometown to gather together, there are many who are refusing to attend, who won't respond to communications and who are reluctant to share the reasons why.

2 Joyce Kinnear **Bob Stortz** Al Murdach 13 John Gruver 16 Tasha Casini 21 Regina Fassano 23 Kate Jordahl 25 Garald Mosher 26 Julie Welling-Kuftin 30 Terry Preston

In this 35th year after my class has graduated, most of us have grown beyond a concern to impress people. And yet we have arrived at a time in life when there is a personal anxiety in many about our level of success, happiness or wealth. Personally, I have noticed my own feelings arising as to how I've done in comparison to my classmates. I have even found myself comparing my life to that of my parents.

When I leave the gathering, I'll very likely not be meeting with these people together again. I'm hoping I'll stay connected with many of them. Facebook has already allowed that to happen, has allowed me to see how many wonderful friends I had in high school with whom I still have much in common, with whom I share the same sense of humor.

But not all reunions are bound to be that happy. It is very likely that I won't see my dad again where he will know me or be able to converse with me. A few years ago one of my high school friends, Mary Ellen Geist, quit her career as New York news anchor to return home and care for her father who had Alzheimer's. She even wrote a book about it. When talking about her change of priorities and her self-understanding she shared, "These days, it is the measure of the heart that matters most to me. I can only hope that my heart will be as large as my father's when I begin to leave this world." My heart is open wide for my visit. I am happy I will see you all when I return.

Blessings on all of your reunions, your anniversaries and your summer moments.



WHEEL OF THE

LISA SCIANDRA IS HEALING WELL FROM SURGERY TO REPAIR HER ANKLE AFTER A FALL.

KAREN KRAMER IS HEALING WELL AFTER BACK SURGERY THAT MAY HAVE MADE ALL THE DIFFERENCE IN THE WORLD.

BOB STORTZ TURNS 80! CELEBRATE!

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SKUU BOARD MEWS



By DARRYL RAY—BOARD PRESIDENT

If you haven't been to church lately, you are in for a big surprise! Our "new" sanctuary is nearly complete and church services will be back in there starting August 1st. The new walls and ceiling are textured and painted and the new windows are all in. Not only are the windows on the creek side taller allowing more "nature" into the sanctuary, we have more windows on both sides of the sanctuary than we did before.

Another obvious improvement is the new carpet which has been installed, thanks to some generous and anonymous donors.

Behind the drywall is where the big improvement resides. We now have insulation in the ceiling and in all the walls. For the first time, I am actually hoping for a heat wave, just to see how much more comfortable the sanctuary will be during service! I suspect that it will be much better.

There are still some areas that are not complete. A couple of things will be finished within the next few weeks, such as the addition of window blinds and a new sound system. These items are already in progress and should be installed by the end of August. One area that the construction committee (Myself, Frank Satterwhite, Meg Jurich and Sherry Thomas) decided to hold off making any final decision is what we want to do with the lights and possibly fans in the ceiling area running down the center of the sanctuary. Here, we thought it best to wait and see how comfortable the worship space will be during different parts of the year. I suspect that with the new insulation, we will experience a vast improvement without any fans. The question will be whether or not fans will provide further improvement or not.

One aspect of the project has not been discussed much is lowering our energy consumption. This was an important goal of our Green Sanctuary action plan. We have already noticed improvements in our energy bills with the completion of the new office and fellowship hall/classroom addition, and now with the sanctuary insulation, we should see further reduction of energy use. In the area of lighting, we had to make a short-term compromise; we decided to use recessed lighting, which had the benefit of being less obtrusive, but required the use of incandescent light bulbs. One of the advantages is that we can dim the lights, which adds flexibility, and perhaps produces a small bit of energy reduction. Our long term goal is to be able to replace the incandescent with LED (Light Emitting Diode) lighting in the not too distant future when their cost and performance improve.

A number of members of the congregation have been involved and have given input during the sanctuary upgrade. Besides the construction committee mentioned earlier, Dirk Dino has been a big help in pulling together information on the sound system, and we have had useful input from Kay Athos and Bob Stortz as well. Others, too many to mention, have also contributed and I would like to thank you for your help. Last but not least, I would like to thank Frank Satterwhite, for overseeing the day-to-day work on the project. Without his efforts, this project would not have happened.

Board Meeting Summary July, 2010

Lane Campbell has accepted the position of Director of Religious Exploration. She will be joining us on August 15.

Sharon Wylie will be coming to SKUU as an Intern, also starting on August 15.

It was decided to begin development of a new vision for the Intern Committee.

Russ Menk was given permission to solicit volunteers for a new standing committee on Health Care Advocacy, an initiative from the Unitarian Universalist Legal Ministry.

Plans for the new sign were approved.

A request was approved to spend up to \$100 for advertising for our church in an NAACP program honoring the President of Chabot College, who sometimes attends our church.

After much discussion, it was decided to hold the rededication ceremony for our church building on March 13, 2011.

Nancy Novicio has given notice. The hiring process to replace her has begun.

Next Board Meeting Sept. 2, 2010 (no meeting in August)

Religious Exploration

AUGUST FUNSHOPS

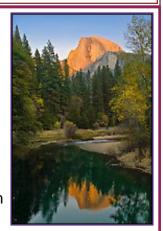
August 1 All Ages Service

August 8 Bi-Lingual Singing/Guitar Silvia Brandon-Pérez

August 15 Earthworms Melody Appleton

August 22 Social Justice Project Silvia Brandon-Pérez

August 29 Singing Jo Murdach/Ellen Ryan



Growing Green Communities

If you ever wondered where your coffee donations go – look no further.

Starr King proudly supports PURA VIDA a Free Trade coffee producer which puts the fairness of price and the welfare of its suppliers above profit.



CURRENT NEWS FROM PURA VIDA

Pura Vida has recently installed two new greenhouses in Oaxaca. In an effort to diversify their diet and sell the organic produce, community members from Miramar and Buena Vista have participated in a day and a half workshop instructed by Pedro Velasco of CEDICAM.

The greenhouses are now providing community members and workers with fresh organic produce for their families.

The Miramar greenhouse group has already made a profit of 1,000 pesos from the sale of the greenhouse produce. "The greenhouse gives us healthier food and a new way to generate an income", said Sophia, key founder of the greenhouse.

The nutrition and self-sustainability of coffee growing communities is important to us and with your support we will continue to invest in these communities.

Thank you for supporting Pura Vida and our mission to help those in need!

SPECIAL PRE-LABOR DAY SERVICE

Sept. 5: I AM A MAN! Strike ~ Bob Britton

Don't miss this special pre-Labor Day service and the joyous music of solidarity! Union Organizer Bob Britton will highlight the 1968 Memphis Sanitation Strike that sought union representation for the lowest paid public workers in society. This strike culminated in the assassination of Dr. Martin Luther King, Jr. at a time when he was expanding his prophetic vision beyond Civil Rights and Racial Equality to embrace Union Rights, the Peace Movement, and the War on Poverty.



WANT TO MEET NEW PEOPLE?

WANT TO CONTRIBUTE TO THE CHURCH COMMUNITY?

TALK TO LAVON HODGES AND SIGN-UP TO BE A COFFEE SERVER.

IT TAKES VERY LITTLE TIME YET IS MUCH APPRECIATED.



Religious Education and Spiritual Growth For Adults at Starr King Unitarian Universalist Church

Our Unitarian Universalist principles invite us to a free and responsible search for truth and meaning as well as spiritual growth. We find that doing them in community provides a richness and depth not experienced when learning alone. We hope you find one or more offerings appealing. Enjoy!

To register for these courses call or e-mail Chris Selig (510-633-0628 or scottnchris@comcast.net

Courses:

The New UU

Especially for new members to learn more about Starr King Church and Unitarian Universalism. Topics covered include the history of Unitarians and Universalists, the history and organization of our church, and how to become involved in our church community. Light refreshments and childcare will be provided.

Led by Karen Cook and Meg Jurich Tuesdays, September 14, 21 and 28 7 pm to 8:30 pm Fellowship Hall, Starr King UU Church

Building Your Own Theology

This ten session course provides you will tools to create your own belief system and address one of our UU principles: a free and responsible search for truth and meaning. The readings and exercises, as well as the guidance of the course leaders, will allow you to draw on your life experiences to write your own credo.

Taught by Sharon Wylie and the Reverend Katie Kandarian-Morris Tuesdays, October 12, 19, 26, November 2, 9, 16, 17, 30, December 7, 14 7 pm to 9 pm \$10 charge for materials Fellowship Hall, Starr King UU Church



This two-part course will help parents explore ways of talking to their children about religious and spiritual issues. Childcare will be provided.

Taught by the Reverend Katie Kandarian- Morris and Sharon Wylie Saturdays, January 22 and February 5 10 am to noon Fellowship Hall, Starr King UU Church To register, call or e-mail Chris Selig (510-633-0628 or scottnchris@comcast.net)

Dealing with Grief and Loss

All of us experience loss in our lives, and with it comes grief. This class will focus on dealing with loss and grief, and will help give tools for helping with others' grief.

Led by the Reverend Katie Kandarian-Morris February 27 12:15 pm to 2 pm Fellowship Hall, Starr King UU Church

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FESCO:

The plan to overhaul the governance structure of the Family Emergency Shelter is still in limbo, but appears likely to be approved as soon as everyone gets back from Summer vacation. In the meantime, the **collections for the annual BackPack Event are requested**. Note that donations are needed no late than August 17, at the FESCO office.



FESCO's Pack for Success Backpack Drive and BBQ

Saturday, August 21, 2010

It's that time of the year again! FESCO, the Family Emergency Shelter Coalition, is holding another Pack for Success Backpack Drive. Students of all ages who are current residents and alumni of FESCO's programs are eligible to receive a new backpack filled with grade-appropriate supplies.

237 backpacks were distributed last year;

51 of them were for college students

You can help ensure that every student is prepared with the tools they need. We will not let the inability of a family to purchase school supplies become a barrier to success in school.

FESCO Family BBQ

A great way for current residents and alumni to catch up with each other and get everyone excited for the new school year.

All school supplies must reach FESCO by Tuesday, August 17th.

Donations can be brought to FESCO's office.

21455 Birch St.

Hayward, CA 94541

Please call Ashley DaSilva if you are able to donate food. (510)886-5473

Thank You Nancy

School Supplies:

Folders

Spiral Notebooks

Binder paper

Pencil pouches

Scissors (sharp)

Pencil Sharpeners

Scotch tape

Staplers

Glue

Composition notebooks

Marking pen sets

Colored pencil sets

Ballpoint pens

Erasers

Rulers

Calculators

Assignment pads

Binders (hard cover)

Binder dividers/pockets

Paperback dictionaries

Highlighters

Crayons

Backpacks (no red or blue)

BBQ Food:

Bottled Water

Juice

Hot dog buns

Hamburger buns

Hot dogs

Hamburger patties

Condiments

Chips

Macaroni salad

Potato salad

NEW MEMBER BIO.



Allison Lieber Prout finally joined SKUU church in 2010 (after trying several years ago when her six year old daughter, Cara, was not yet old enough to appreciate the church experience).

I was raised as a reform Jew in Miami Beach, Florida, but was disenchanted with the Jewish religious experience because of a lack of spiritual connection. In my mid-twenties I began a personal search for spiritual meaning and I found answers in literature. Since I moved to the Bay Area in 2007, I have been looking for a spiritual community where I fit in. I finally found that place. I am not a person who likes to be told what to think or what to believe, so Unitarian

Universalism fits nicely. And, I want a place where my daughter can explore her own spirituality. Some things you may not know about me- My profession before I was a stay-at-home mom was international marketer. I lived and worked in China for 8 years and speak fluent Mandarin Chinese as well as Spanish. I plan to return to work once my daughter is in school full time. I enjoy walking/hiking, reading (novels mostly) and watching films.

CLEANING PRODUCTS LINKED TO BREAST CANCER

One in eight American women will get breast cancer, giving the United States the dubious honor of the highest rates in the world. It's hard not to associate that high risk with our disinclination to regulate chemicals.

A new study in Environmental Health magazine suggests that using conventional cleaning products may increase a woman's risk of breast cancer. The study surveyed 1,500 women, half who'd been diagnosed with cancer and half who had not. The women who reported heavy use of cleaning products — particularly air fresheners and mold and mildew control



products — had twice the risk of having cancer as those with lowest reported use.

Sounds like a great excuse to skip the cleaning this weekend — and another reason to use green cleaning products, like vinegar and salt, and essential oils as air fresheners.

Because the survey relied on women to describe their own exposure, its results are limited by some reporting biases. For example, women who have been diagnosed with cancer are more likely to recall all the chemicals they've been exposed to.

What's sad is that this is the only kind of data we have on the issue — another symptom of our dysfunctional chemical romance.

Read more: http://www.sfgate.com/cgi-bin/blogs/green/detail?entry_id=68555&tsp=1#ixzz0uXLTpjsR

ADVENTURES IN GREEN: WHAT IS BORIC ACID?

I'm a big fan of green cleaning products. They're basically free; they work every bit as well as any of the toxic chemicals filling aisle after aisle at the grocery store; and they're better for the planet and your lungs. (I don't know of studies tracing lung problems to cleansers, but I do know that the American Lung Association puts out a helpful set of green cleanser recipes at: http://www.alaw.org/pdfs/green_cleaning_resource_list_brochure.pdf and that the last time I used the antibacterial Lysol kitchen cleanser that a former housemate left under the sink, I found myself wheezing.)

Juust Social Change News

Lobbyists and the big corporations they represent have run roughshod over our democracy for too long. That's why, this year, people from across the country are joining together to force politicians to work for the rest of us--"The Other 98%," who don't have lobbyists representing us in Washington.

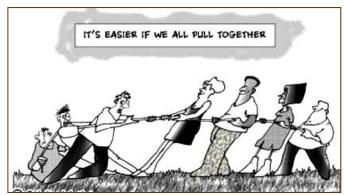
This committee has endorsed a Fight Washington Corruption pledge which is the keystone of a national campaign to take control of our democracy back from the lobbyists and the corporations that hire them. It has three parts:

- 1. Amend the constitution to reverse the recent unfortunate decision by the Supreme Court to allow corporations the same free speech rights as people.
- 2. Pass the Fair Elections Now bill which has been introduced into both the House of Representatives and the Senate, which will remove the need for members of Congress to spend half their time raising campaign money, and at the same time, eliminate the prime source of lobbyist's influence over our elected Senators and Representatives. This bill is very similar to Proposition 15 which unfortunately was voted down last month in California.
- 3. Further reduce the influence of lobbyists by closing the revolving door between corporate America and the officials in Washington, forbidding gifts to legislators, and requiring that all meetings between lobbyists and government officials be posted online, including who was present and what was discussed.

We'll have petitions which endorse the Pledge for you to sign during the coffee time after service the next couple of Sundays.

During July, every national politician was asked as part of the grassroots effort to sign onto The Other 98% "Fight Washington Corruption" Pledge. Come August, we'll turn up the heat on any politician who hasn't yet signed the Pledge.

On August 10, we're joining with other progressive groups in Fight Washington Corruption



rallies all across the country. By putting a public face to the Other 98% at the rallies, we'll show politicians that they're accountable to us—not corporate lobbyists—this coming election. In the weeks after the rally, we'll engage these politicians—at their campaign events, district offices, festivals, and marches—to highlight those who stand with the Other 98% and those who choose to side with corporate lobbyists.

Here's a rally in this area which needs our support:

When?: Tuesday, August 10, 2010, at noon

Where?: Pete Stark's office at 39300 Civic Center Drive in Fremont

How?: Bring your friends and come by bus, BART, bike, or car, just be sure to make it!

This is a golden opportunity to take a powerful message of reform straight to our elected officials and to the wealthy 2% on Wall Street! Mark your calendars and designate 8/10/10 at noon in Fremont as a must-do appointment!!

If possible, register in advance so the rally leaders will know you're coming: http://pol.moveon.org/event/pledgerally/105766

Bring your own sign, or hoist one of the signs we've already made for the rally.

Frank Burton will have answers to your questions during the coffee time the next two Sundays, or call him at 510-276-1631.

Evelyn Cormier (joined this month by Frank Burton).

on going fun and upcoming activities



EVENING MEDITATION meets on the 1st. and 3rd. Wednesdays (Aug 4 and Aug 18) from 7-8pm. Come practice meditation and reap its benefits.



SKIFFLE meets 2nd and 4th Wednesdays (Aug 11 and Aug 25) from 7 to 9 PM. If you're considering coming for the first time, best to give a call to Bob Meyerson at 510 581 2037.



MORNING DISCOVERY meets in the library from 10 to 11:15 A.M. on first and third Wednesdays (Aug 4 and Aug 18) All are welcome to join us to explore community and spirituality, discussion and shared silence.



MEMBERSHIP COMMITTEE meets on the third Sunday of each month (Aug. 15), <u>after</u> the service from 11:00 P.M.



BOOK CLUB will meet Thursday, August 12, 7 PM, at Joyce Kinnear's home to discuss <u>Jayber Crow</u>, by Wendell Berry. All are welcome. The September book is <u>What Came Before He Shot Her</u> by Elizabeth George Please let the hostess know if you plan to attend.



JUUST SOCIAL CHANGE meets on the second Sunday (Aug. 8) after the service, at 11:45 P.M. All are welcome



SKIT improv. group meets in the Sanctuary on second and fourth Thursdays at 7:30 P.M. (Aug 12 and Aug 26)



NO ROOM FOR RACISM vigils are held every third Friday (Aug. 20) from 4 to 5 P.M. at the intersection of Jackson-Mission-Foothill. An opportunity to stand for your values! Sponsored by South Hayward Parish.



FILM GROUP Will meet at Stuart Fink's Home Saturday, Aug. 28 At 7:00 P.M. "**SOAPDISH**" (1991) Comedy spoof starring Sally Field, Kevin Kline, Whoopi Goldberg and Robert Downey, Jr. Actors plotting against each other on a daytime soap opera (Rated PG-13)



SKARF: (Starr King Against Racism Forever) is made up of a group of people who wish to address the issue of racism. SKARF meets the 4th. Wednesday (Aug. 25) of each month at 7 PM in the church sanctuary. Everyone is welcome.



CHURCH BOOKSTORE: is open every 3rd. Sunday (Aug. 15) after the service

AUGUST 1: LAST CHANCE TO SIGN UP FOR CIRCLE SUPPER TO BE HELD ON

Saturday, August 14

WHAT A GREAT WAY TO SPEND A SUMMER EVENING!
SIGN UP SHEET IS ON THE BULLETIN BOARD IN THE FELLOWSHIP HALL





Church Office Hours

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Tuesday, Wednesday,. Thursday

9:00am-1:00pm

Minister's Office Hours

Tuesday – Wednesday – Thursday 9 A.M. – 1 P.M. **NOTE:** Please observe minister's **uninterrupted** reading and writing time each Monday

Starr King Unitarian Universalist Church

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minister@starrking.org

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editor@starrking.org

Church Leadership

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At Large Roy Dickerson

Colleen Dino Donnie Rett Georgia Gruver Terry Hunt Mary Swain

Office Manager Nancy Novicio

Minister Rev. Katie Kandarian

Religious Education Dir.

How to Reach Your Chalice Editor

Deadline: 2nd Sunday of the month. Please put your contribution in writing.

Post to: Georgia Gruver

2932 Tribune Ave. Hayward, CA 94542-

Email to: editor@starrking.org

Church Organization

Association Affairs

Adult Religious Education
Bookstore
Buildings
Chalice Editor
Endowment/Memorial Fund

Rev. Katie Kandarian
Evelyn Cormier
Dick Albert
Georgia Gruver
Bill Schwab

Finance

FESCO Nancy Harrison

Grounds Carol Henrie, Walt Korus

Interior Lavon Hodges
Kitchen Manager Sherry Thomas
Membership Diane Meyerson

Committee on Ministry Kirk Smith-convenor, Bob Britton,

Keith Lewis Karen Yearout, Doris

Haskell

Nominating Doug Sprague-convenor,

Diane Meyerson, Karen Cook, Lesley Hitchings, Joyce Kinnear Alternate: Marian Babbidge

Outreach

Pastoral Care Karen Cook – convenor

Pledge Secretary Marilyn Mosher

R.E. Council Russ Menk-convenor Doug

Sprague, Mary Kiesling, Karen Carrell, Georgia Gruver,

Rev. Katie Kandarian

Social Robin Fink
Social Justice Evelyn Cormier
South Hayward Parish Jim Forsyth
Sunday Coffee Lavon Hodges
Volunteer Coordinator Karen Cook

Worship Betsy Dye

